

November 2011



Tuyết Sơn Thiền Tự
Mt Adams Zen Buddhist Temple
雪山禅寺

We are a small Thien (Zen) Buddhist Temple practicing "laughing farmer zen" - living our practice, sitting zazen, being here - right now!

Services & Meditation

Morning Services

6:30AM **None until Nov 23**
M-F mornings

Evening Services - 6:30PM
None until Nov 23
Thursday and Friday

Weekend Services 9AM
Saturday Morning

The temple will be closed weekdays from 31 October - 23 November. Saturday service will continue during this time.

Calendar

October 29 - Samhain here

November 2011

1-23: Kozen in Vietnam
5: Mindfulness Day--Zen Buddhist day for mindfully seeing and acting with compassion for the Earth and all creatures.

10: Amitabha Buddha Day--Day Tibetan and Mahayana Buddhists do good deeds and chant the name of Buddha God Amitabha/Omito/Amida to gain



Dear Dharma Friends,

Fall is here - the mountain is again covered in snow, and as some of the trees change into many beautiful shades of reds and yellows, we are reminded of the great wheel of life - with all its many turns - and that Autumn will come for us all within our own life - let us live well with great purpose and joy.

Will you join us in India? Myself and 4 other temple members are going to India to visit the Holy Buddhist Sites. We'll be visiting the place of Buddha's birth (Nepal), the place of his enlightenment (Bodh Gaya), and many other special places. We'll also visit the Tibetan refugee school in Northern India and visit with the 2 young girls who our temple sponsors (via Tibet Aid).

Our cost will be roughly \$1,200 for a 2 week stay in India plus airfare. If you are interested, please contact Denise at 509.637.4728.

This is a rare and wonderful opportunity to visit these Holy Sites with a group of like-minded individuals. For many Buddhists, a pilgrimage to see these sites is a blessing of a lifetime. Do think about joining us.



In loving kindness,
Thich Minh Tinh

Beautiful Gold fall colors on our farm.

entry to His Pure Land and aid in attaining nirvana.

20: Anniversary of Matsuoka Roshi's descendants meeting

24: Thanksgiving

December 2011

1: World AIDS Day--Day to pray for healing of all those suffering with AIDS and HIV.

3: All Day Meditation Intensive here 5AM - 3PM

3: Mindfulness Day--Zen Buddhist day for mindfully seeing and acting with compassion for the poor and oppressed.

8: Rohatsu--Zen Buddhist celebration of the Buddha's enlightenment.

10: Amitabha Buddha Day--Day Tibetan and Mahayana Buddhists do good deeds and chant the name of Buddha God Amitabha/Omito/Amida to gain entry to His Pure Land and aid in attaining nirvana.

January 2012

1: World Peace Day--Day to meditate for peace throughout the world

7: Mindfulness Day--Zen Buddhist day for being mindful of the peace, joy, and beauty of the moment.

9: Amitabha Buddha Day--Day Tibetan and Mahayana Buddhists do good deeds and chant the name of Buddha God Amitabha/Omito/Amida to gain entry to His Pure Land and aid in attaining nirvana.

15: World Religions Day--Day to contemplate all religions as different paths to the one universal Deity of many names and aspects.

23 to 26: Hsieh Nien/Suhl/Tet--Chinese and East Asian Lunar New Year (Year 4710: the Dragon).

Thich Nhat Hanh Speaks:

"Smile, breathe and go slowly."

"Because you are alive, everything is possible."



"Life is available only in the present moment."

"When you plant lettuce, if it does not grow well, you don't blame the lettuce. You look for reasons it is not doing well. It may need fertilizer, or more water, or

Quan Am Festival

We had a total of 52 individuals attend our festival.



Some people gathered for a photo in front of Quan Am.



Vietnamese and American food made for a fun and delicious meal

less sun. You never blame the lettuce. Yet if we have problems with our friends or family, we blame the other person. But if we know how to take care of them, they will grow well, like the lettuce. Blaming has no positive effect at all, nor does trying to persuade using reason and argument.

That is my experience. No blame, no reasoning, no argument, just understanding. If you understand, and you show that you understand, you can love, and the situation will change"



Dogen
Zenji

"Do not follow the ideas of others, but learn to listen to the voice within yourself. Your body and mind will become clear and you will realize the unity of all things".

"It is present everywhere. There is nothing it does not contain. However only those who have previously planted wisdom-seeds will be able to continuously see it".

"When we discover that the truth is already in us, we are all at once our original selves".

Northwest Buddhist Resources

click on links below

- [Dharma Rain](#)
- [Cloud Mountain Retreat Center](#)
- [Northwest Dharma Assoc.](#)
- [Pacific Hermitage](#)
- [Plum Mountain Buddhist Community](#)
- [Portland Buddhist Priory](#)
- [Zen Community of Oregon](#)



Thay Kim and Thay Kozen in front of Quan Am

Thay Kim is a senior monk from Co Lam Pagoda in Seattle. He has been to our temple several time for retreats and ceremonies. He has become a good friend to Thay Kozen and it is hoped Thay will return in the Spring when it is warmer.



Thay Thanh stayed at our temple for 1 month and will be missed. Per Thay, "It is too cold here in the winter - I'll be back in the Spring" Thay will be traveling to Boston and Florida after leaving the Mt Adams Temple.

**Join us for an intensive 1 day
meditation retreat on December 3rd
5AM - 3PM. Lunch will be provided.
Suggested donation \$25.00**

Mt Adams Zen Buddhist Temple, PO Box 487, Trout Lake WA 98650

509.395.2030 (e-mail -put in the @ sign) kozen1@embarqmail.com

Vietnamese: Tuyết Sơn Thiền Tự & Chinese & Japanese: 雪山禅寺

www.mtadamszen.org

Join us Monday - Friday at 6:30 AM for our usual daily service.

+ Thursday and Friday Evenings at 6:30pm

+ Saturday Morning at 9 AM

